



Island Water World Grenada Sailing Week 2018

Safety Guidelines

These guidelines are intended as minimum recommended standards and do not supersede or change any of the World Sailing (WS) Racing Rules of Sailing or other requirements as set forth in the Notice of Race or Sailing Instructions. It is further recommended that participants utilize either the WS Offshore Special Regulations or the US Sailing Safety Equipment Requirements.

Recommended equipment and/or practices include:

1. Softwood plugs, or other suitable materials, tapered and in sufficient quantity to fit all thru hull fittings.
2. Securely attached lifelines and bow and stern pulpits of not less than 18" in height. Lifelines should be taut i.e. having no apparent sag between supports and should not be elastic in nature.
3. For boats with onboard electrics or flammable fuels, a fire extinguisher, charged and in date and readily accessible.
4. A bucket of not less than two gallons capacity, fitted with a lanyard of suitable strength and length.
5. An anchor with chain of suitable size for the boat's length and displacement with a suitable rode of a least 150 feet in length.
6. A first aid kit suitable for rendering first aid treatment in minor emergencies.
7. Charts covering the area to be raced.
8. Readily accessible and suitably sized lifejackets, with a whistle attached, for each person onboard and meeting the requirements of marine authorities recognized by GSW.
9. One life ring capable of supporting the largest member of the crew in the water and positioned above deck such that it is immediately available for use in an emergency.
10. A heaving line at least 50 feet in length, capable of floating, positioned above deck such that it is immediately available for use in an emergency.
11. Three red hand flares and two orange smoke flares, all in-date.
12. A VHF radio capable of transmitting and receiving on the emergency and Race Committee channels.
13. A compass suitable for navigation.
14. A shut off valve in working order fitted to each fuel tank.
15. For boats with an engine, sufficient fuel to enable a boat to return to harbour under power.
16. Hatches, companionways and ports should be substantially watertight while racing.
17. Cockpits should be self-bailing and fitted with adequate drains.
18. Sufficient water onboard so that at the finish of the day's racing there remains at least one pint per person.