



Rolex Fastnet Race

2.1 ORGANISING AUTHORITY

Organised by the Royal Ocean Racing Club in association with the Royal Western Yacht Club and the Royal Yacht Squadron.

2.2 RACE DATE

Start: Saturday 3rd August 2019. **First Warning Signal:** 1250, RYS Cowes, to the West. **HW:** Portsmouth 1357 4.9m

2.3 CLASSES

IRC, IRC Two-Handed, Multihull, recognised One-Design/Open Classes (e.g. IMOCA 60, Class40).

2.4 ENTRY

Entry opens at 1200 on the 7th January 2019

2.5 CLOSING DATE/RATING DEADLINE

Closing Date: Wednesday 3rd July 2019

Rating Deadline: Wednesday 24th July 2019

2.6 WORLD SAILING OFFSHORE SPECIAL REGULATIONS

Category 2 with RORC Prescriptions. See NoR 1.5.7

2.7 STABILITY AND SAFETY INDICES

See NoR 1.6 Stability and Safety Indices.

2.8 EXPERIENCE QUALIFICATION

The Rolex Fastnet Race is not a race for novices. Every crew member must have experience of sailing a boat offshore and be prepared to encounter heavy weather. Competitors may be required to provide evidence of offshore experience. The minimum experience requirement is 300 nautical miles of RORC offshore racing on the boat entered into the race, completed by a minimum



of 50% of the crew (but no fewer than 2) including the Person in Charge, and within 12 months of the start of the Rolex Fastnet Race. To fulfil this requirement the Competitor shall enter and complete an appropriate number of RORC races before the start of the race. When it is not reasonably possible to access RORC races, or in exceptional circumstances, an alternative method for qualification may be agreed by the RORC. A Service Yacht may qualify similarly or submit written authority from her service establishment. Proposals should be lodged with the RORC as soon as possible after entry.

2.9 TRAINING

2.9.1 OFFSHORE CREW TRAINING

At least 30% of the boat's crew (but no less than 2), including the Person in Charge, must have completed training to Section 6 of the World Sailing Offshore Special Regulations and gained a certificate

from a World Sailing approved Offshore Personal Survival Training Course. Training must have taken place within 5 years of the start of the race.

2.9.2 FIRST AID TRAINING

At least one member of the boat's crew shall hold an in-date certificate of a First Aid Training Course. The course shall comply with OSR 6.05.2 and have been completed within five years of the start of the race. The qualifications of Doctors, Paramedics or similarly trained medical professionals will be accepted, provided they are familiar with the topics in OSR Appendix H.

2.10 SKIPPER'S BRIEFING

A skipper's briefing will be held in the RORC Cowes Clubhouse at 1600 on Friday 2nd August 2019. A maximum of two members of each crew may attend. For those unable to attend, the information may be broadcast on the race website: <http://www.rolexfastnetrace.com>

2.11 COURSE

Cowes – Fastnet Rock – Plymouth. Approximately 608 nautical miles.

2.12 BERTHING

On arrival, Competitors will be directed to a berth in Plymouth. Berthing may be in Plymouth Yacht Haven, Sutton Harbour Marina, Queen Anne's Battery Marina, Mayflower Marina, moorings in the Cattewater or elsewhere. The RORC will provide 48 hours of berthing from the time a boat arrives. Berthing beyond 48 hours is subject to availability and boats are liable for any further berthing fees.

2.13 SCORING

Points Factor: 1.50. See NoR 1.12.2

2.14 RACE PRIZES AND TROPHIES

2.14.1 IRC TROPHIES

Trophy	Awarded for
Fastnet Challenge Cup	BCT IRC Overall
Kees Van Dam Memorial Trophy	2nd BCT IRC Overall
Erivale Trophy	1st Yacht Home (IRC Canting Keel)
Erroll Bruce Cup	1st Yacht Home (IRC Zero)
Jolie Brise Cup	First Yacht Home (IRC One-Four)
Clarion Cup	First British Yacht Home
Gesture Trophy	BCT IRC Canting Keel
Hong Kong Cup	IRC Zero
West Mersea Yacht Club Trophy	IRC One
Foxhound Cup	IRC Two
Favona Cup	IRC Three
Iolaire Cup	IRC Four
Brunskill Trophy	Best Two-Handed Yacht Overall
Berrimilla Dog Bowl	Best Two-Handed Yacht in IRC Four

Dorade Cup	BCT IRC Classic Yacht
Alf Loomis Trophy	Navigator of Best Yacht Overall
Joggernaut Trophy	Best Irish Yacht Overall
Arambalza Cup	Best Non British Yacht Overall
*Roger Justice Trophy	Best Sailing School Yacht Overall
*Inter-Regimental Cup	Best Service Yacht Overall
Whirlwind Trophy	Best Swan Yacht Overall
RORC Bowl	Best Swan in the Cowes Dinard St Malo and Fastnet Races
Spangle Trophy	Best Contessa 32 Overall
Hobo Trophy	Best IRC One-Design Yacht
*The Sparkman & Stephens Trophy	Best Sparkman & Stephens designed Yacht in IRC Overall
*Bloodhound Cup	Best Corporate Yacht
*Duncan Munro Kerr Memorial Trophy	Best Yacht with skipper aged between 18 and not more than 30 on 3rd August 2019
*Maite de Arambalza Trophy	Best Yacht with a Female Skipper
*Martin Illingworth Trophy	Inter-Club for teams of 3 yachts nominated by an affiliated Club

2.14.2 SPECIAL TROPHIES

Trophy	Presented for
RORC IMOCA 60 Trophy	First IMOCA 60 Home
Philip Whitehead Memorial Cup	First Class40 Home
*Royal Thames Spirit Cup	First Royal Thames Yacht Club Yacht Home
Iolaire Block	Oldest Yacht to complete the Course
*Dennis Doyle Memorial Salver	Skipper who has done the greatest number of Fastnet Races including the current one
*Coates Scholfield Trophy	The Yacht whose crew have sailed the furthest to complete the race
Ken Newman Endurance Trophy	Yacht with the Greatest Elapsed Time
Galley Slaves Trophy	Galley Slave of the Yacht with the Greatest Elapsed Time

2.14.3 FASTNET ROUNDING TROPHIES

Trophy	Awarded for
Irish Lights Trophy	First IRC Yacht on the water
*Culdrose Trophy	Best IRC Service Yacht round on corrected time
Joe Powder Trophy	Best IRC Yacht round on corrected time



Photo: ROLEX/Carlo Borlenghi

2.14.4 MULTIHULL TROPHIES

Trophy	Awarded for
Yachts and Yachting Catamaran Trophy	First Multihull Home
Croda Wave Trophy	Best MOCRA Multihull Overall
MOCRA Crystal Trophy	Best MOCRA Rated Multihull under 50ft

* These trophies are subject to specific extra conditions which are set out in a Trophy Application Form. To be eligible entrants must complete the form and lodge it with the RORC before the Closing Date.

2.15 PRIZEGIVING

The prize giving will be held at 1700 on Thursday 8th August in Plymouth, admission by wristband only. Details of the prizegiving will be in the Sailing Instructions. RORC Medallions will be presented on Thursday 19th September, 1930 at the RORC Clubhouse, 20 St James's Place, London SW1. All crews welcome.

2.16 TRACKING

It will be mandatory for boats to carry an Offshore Tracker unit for the Rolex Fastnet Race. The units are standalone and will be provided by the RORC. The entry fee includes tracking however in the event of loss or failure to return the tracker Competitors will be liable for the rental or replacement costs (£750).

NOTICES TO COMPETITORS

(Notices are for information and do not rank as part of this Notice of Race).

RORC Cowes Clubhouse

The Cowes Clubhouse welcomes Competitors taking part in the Rolex Fastnet Race in the build up to the race.

Dinner reservations can be made with the Cowes Clubhouse for the evening of Friday 2nd August 2019 and breakfast orders for the morning of the start on Saturday 3rd August 2019. Please contact the Cowes Clubhouse directly for further information.

Telephone : +44 1983 293581

Email : cowes@rorc.org

Race Office

Start: The Race Office will be the RORC Cowes Race Office, 82 High Street, Cowes, Isle of Wight PO31 7AJ.

Finish: Rolex Fastnet Race Village, Plymouth Yacht Haven, Shaw Way, Mount Batten, Plymouth PL9 9XH