

CIC NORMANDY CHANNEL RACE 2024

11th / 22nd SEPTEMBER 2024

15th Edition

NOTICE OF RACE

Start on Sunday 15th September 2024 offshore of Ouistreham

www.normandy-race.com

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ORGANISING AUTHORITY (OA)

The CIC NORMANDY CHANNEL RACE is organised from the 11th to 22nd of September 2024 by the company Sirius Evénements, an establishment affiliated with the FFVoile (French Sailing Federation), in partnership with the Town of Caen, the Port of Caen-Ouistreham, the Société des Régates de Caen-Ouistreham (SRCO Caen-Ouistreham Racing Society) and the Ligue de Voile of Normandie (Normandy Sailing League).

“The comment “[DP]” in a NOR rule means the penalty for a breach of this rule can, at the jury’s discretion, be less than a disqualification.

Preamble

Prevention of violence and incivility

The FFVoile recalls that sporting events are above all a space for exchange and sharing open and accessible to all.

As such, competitors and support persons are asked to behave in all circumstances, ashore and on the water, in a courteous and respectful manner regardless of the origin, gender or sexual orientation of other participants.

1 - RULES

The race will be governed by

- 1.1 The regulations as outlined in the Racing Rules of Sailing (RRS).
- 1.2 The regulations of the French Sailing Federation (Fédération Française de Voile)
- 1.3 The prescriptions of FFVoile translated for foreign competitors in appendix 3.
- 1.4 World Sailing’s Offshore Special Regulations (OSR), category 2 monohulls
- 1.5 According to RRS 86.1 b), RRS 52 (Manual Power) is changed as follows: the boats are allowed to use an energy source other than manual force for the operation of an automatic pilot and to manoeuvre the ballast system
- 1.6 The appendix WP-Rule for Waipoints is available at the following address:
<https://arbitrage.ffvoile.fr/media/3dkpuegp/annexe-w.pdf>
- 1.7 In case of translation of this NOR, the French text shall take precedence.

2 - ADVERTISING [DP]

- 2.1. **To enforce Regulation 20 of World Sailing (Advertising Code)**, such as that modified by the regulations of the FFVoile (French Sailing Federation) on advertising, boats will be required to display advertising chosen and supplied by the OA.
- 2.2. Competitors are obliged to display the branding supplied by the OA:
 - 2.2.1 **Race logo block**: As part of its 2023 CSR plan concerning all visuals, the Organising Authority, in agreement with the event's partners, has decided to remove this support.
 - 2.2.2 **Race flags**: any boat participating in the race will receive two race flags on her arrival which she shall display in her rigging on each side from registration till the prize-

giving, both dockside and at sea, according to the conditions set out in the Sailing Instructions.

- 2.2.3 Dodgers: any boat participating in the race will receive two dodgers on her arrival which she should display on each side from registration through to the prize-giving.
- 2.2.4 Forestay flags: any boat registered for the race will, on its arrival in Caen, receive flags which shall be displayed on the boat's forestay from registration until she leaves the port of Ouistreham, then again once she crosses the finish line through until the prize-giving.

3 ELIGIBILITY AND REGISTRATION

- 3.1** The event is open to monohulls in order with the Class 40 measurement and rules (2024 subscription and measurement certificate).
- 3.2** The race is to be sailed double-handed. Any boat must have the same two people aboard all the time, subject to RRS 1.1 and 41.
- 3.3** Competitors (each member of the crew) who have an FFVoile licence shall present the following upon registration:
- their valid FFVoile Club 'competition' licence attesting to the earlier presentation of a valid medical certificate with no contraindications to the practice of competitive sailing
 - or their valid FFVoile Club 'member' or 'practice' licence accompanied by a valid medical certificate with no contraindications to the practice of competitive sailing, dating less than one year
 - parental authorisation for those aged under 18
 - authorisation for the boat to display advertising, if necessary,
 - the measurement certificate or certificate of conformity (for the skipper)
 - a valid World Sailing training certificate (Sea Survival course and PS Mer (Offshore First Aid) training) carried out at an approved World Sailing centre.
- Overseas competitors (each member of the crew) who do not hold an FFVoile (French Sailing Federation) licence must provide the following documents when they register:
- proof of membership for a National Authority that is a member of World Sailing,
 - the measurement certificate or certificate of conformity (for the skipper)
 - valid third party liability insurance for a minimum of 1.5-million Euros
 - a valid medical certificate with no contraindications to the practice of competitive sailing dating less than one year (written in French or in English) as well as parental authorisation for participants aged under 18.
- Non-French skippers shall also provide:
- either valid World Sailing certificates (Sea Survival course and PS Mer (Offshore First Aid) training) carried out in an approved World Sailing centre,
 - or sea survival certificates and First Aid certificates as required in OSR articles 6.01 and 6.05.2. This training shall be "World Sailing Approved".

All the documents listed in 3.3 shall be transmitted to the OA by the closing date of

registration on 1st August 2024 at the latest.

- 3.4** The event is open to any person aged at least 18 years of age on the date of the start, except in case of an exemption granted by the OA, following a file presented by the competitor.
- 3.5** A third party liability insurance certificate shall be supplied for each participating yacht.
- 3.6** Registrations are taken into account on publication of the Notice of Race on the website www.normandy-race.com. The deadline for registration is set on 1st August 2024.
- 3.7** The OA reserves the right to accept or refuse a registration (Rule 76.1 of the RRS).

4 FEES TO BE PAID

4.1 Registration fees are:

- 2000 Euros ex.VAT (€2400 inc.tax) from publication of this Notice of Race and through until 1st February 2024.
- at 2400 Euros ex.VAT (€2880 inc.tax) between 2nd February 2024 and 1st August 2024.

30% of the registration fees collected will be paid back to the Class 40.

- 4.2** In the event of withdrawal from the race prior to the registration deadline of 1st August 2024, 700 Euros ex. VAT from the non-refundable application fee will be collected by the OA; no refund can be made if withdrawal occurs after 1st August 2024
- 4.3** A partner's pack is included in the registration's rights, and provide to each team permanent access badges for maximum 5 persons (skippers and team), included free drinks at the bar.

5 PROGRAMME

5.1 Event programme:

Date	Time	
Wednesday 11 th September	2pm – 8pm	Start of measurement checks Date and time limit for boats to arrive at the Bassin Saint-Pierre in Caen (financial penalties for late arrival - see chapter 11)
From Thursday 12 th to Saturday 14 th September	9am – 6pm	Scrutineering and registration confirmation
Saturday 15 th September	10am	Safety briefing
Sunday 15 th September		Leave Caen at 8.30am , parade down the canal from Caen to the sea at 1.30pm , pass through the locks in Ouistreham Race start offshore of Ouistreham
Friday 20 th and Saturday 21 th September		Arrival of the boats; the boats must make for the Bassin Saint-Pierre in Caen as soon as possible

		after their finish off Ouistreham and remain there till the Sunday 21 st September 5pm
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5.2 Social programme:

Date		
From 11 th to 22 nd Septemver		Welcome in the skippers' tent / Open bar / musical entertainment
Saturday 14 th September	4pm	Official skippers presentation at the race village
Sunday 22 nd September	12pm	Prize-giving following arrival of the finishers in Caen at the race village.

5.3 The following programme may be modified without notice by the OA according to the weather conditions or any other technical or sporting constraint.

5.4 The OA may, as a result of force majeure, or if it is deemed necessary for the participants' safety, decide to cancel the running of the event. Cancellation for reasons of force majeure or for any other grounds outside the control of the organiser, will not incur any refunding of registration fees or compensation. The same scenario would also be true, though this list is in no way restrictive, in the event of exceptional weather conditions, armed conflict, requisition, fire, flooding, strikes or the blocking of facilities, whose origin is unknown and totally outside the control of the organiser.

6 CLASS MEASUREMENT

Measurement scrutineering and safety equipment checks will be carried out by the race committee from Wednesday 11th September to Saturday 14th September and at any other moment without notice by the Measurement Committee.

7 COMPULSORY SAFETY EQUIPMENT

7.1 One survival suit per person on-board.

7.2 A satellite phone

8 SAILING INSTRUCTIONS (SI)

The SIs will be sent to registered competitors once registration closes on 1st August 2024

9 COURSE

9.1 Distance: around 975 miles

Start line off the harbour of Ouistreham – Ouistreham harbour course

West Saint-Marcouf mark to be left to starboard

Isle of Wight (England) to be left to port

Tuskar Rock (Ireland) to be left to port

Fastnet Rock (Ireland) to be left to port

Island of Guernsey to be left to port

Finish line off Ouistreham

9.2 Other marks, which may give rise to course modifications, can be added to the course in the SI. The methods for conveying these course changes during the race will be indicated in the SI.

10 RANKING

- 10.1 A ranking will be established in elapsed time according to the order of arrival insofar as the boats finish the race within the time limit.
- 10.2 An additional ranking will be established by extracting the boats defined as sharp by the Class40 from the overall ranking.

11 OBLIGATIONS OF PRESENCE FOR THE BOATS (DP)

The boats must be present in the Bassin Saint-Pierre in Caen unless they have special dispensation from the OA:

- from 8pm on Wednesday 11th September at the latest and through to the start on Sunday 15th September.

In case of late arrival, penalties of €100/day will be applied and paid to the SNSM.
- as soon as possible on crossing the finish line at the end of the race and through to Sunday 11th at 05.00pm.

12 OBLIGATIONS OF PRESENCE FOR THE CREWS (DP)

The skipper and co-skipper shall be present unless they have special dispensation from the OA:

- at the safety briefing on Saturday 14th September at 10am and at the official briefings announced on the official race noticeboard.
- at the official presentation of the skippers in the race village in Caen at 04.00pm on Saturday 14th September.
- at the prize-giving on Sunday 22nd September at 12pm in the race village in Caen.

13 POSITIONING AND ROUTING

- 13.1 Each boat must be equipped with a positioning beacon supplied by the OA for which a deposit will be requested.
- 13.2 Routing is forbidden through application of article RRS 41 (Outside assistance) and the class rules.
A signed declaration will be completed by the skipper and co-skipper on confirmation of registration in Caen.

14 PENALTY SYSTEM

- 14.1 An infringement of the rules other than those in chapter 2 and articles 28 and 31 of the RRS may, following instruction, be punished by a time penalty that may ultimately lead to disqualification.
- 14.2 The decisions made by the international jury will be final as set down in article 70.5 of the RRS. The FFVoile's authorisation will be displayed on the official noticeboard.

15 BERTHING (DP)

Boats will be berthed in the Bassin Saint-Pierre in Caen free of charge. The OA puts in place a mooring plan for the boats, which the crews are obliged to respect .
The boats are no longer permitted to leave the port from 11th September at 8pm unless they have written authorisation from Race Management and the Race Committee.

16. HAUL OUT LIMITATION [DP]

From 11th of September at 8pm, the boats cannot be hauled out unless subject to and according to the terms of prior written consent from the Race Director or the Race Committee.

17 RADIO LINK-UPS [DP]

Each day between 12.00pm and 01.00pm local time, radio link-ups with Race HQ will take place. When possible, mobile phones will be favoured for the link-ups.

18 TIME LIMIT

The boats failing to finish within 36 hours after the first boat of their category (General ranking/Sharp Ranking) to sail the course and finish are ranked as 'DNF'. This is a modification of RRS 35, A4 and A5.

19. DATA PROTECTIONS

19.1 Right to use name and image

Taking part in this race, the competitor gives the OA and the race's sponsors the right to use and show at any time static or moving pictures, films or TV recording and all sorts of duplication of himself or his boat during this event. He also gives right to use, without royalties, his own image on all material supports of such event.

19.2. Use of participants' personal data

By participating in this competition, the competitor and his legal representatives consent and authorize the FFVoile and its sponsors and the OA to use and store their personal data free of charge. These data may be published by the FFVoile and its sponsors. The FFVoile in particular, but also its sponsors may use this data for software development or for marketing purposes. In accordance with the General Data Protection Regulations (RGPD), any competitor who has communicated personal data to the FFVoile can exercise his right of access to data concerning him, have them rectified and depending on the situation, delete or limit them, and oppose it, by contacting dpo@ffvoile.fr or by mail to the head office of the French Sailing Federation, specifying that the request relates to personal data.

19 PRIZES

Prizes will be awarded to each participant with the exception of any cash prizes.

20 RESPONSIBILITIES OF THE ORGANISER AND COMPETITORS

20.1 RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone". By participating in this event, each competitor accepts and recognizes that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather conditions, equipment failure, errors in maneuvering the boat, improper navigation of other boats, loss of balance on an unstable surface. and fatigue, leading to an increased risk of injury. The risk of material and / or bodily damage is therefore inherent in the sport of sailing.

20.2 Skippers participate in the event at their own risk and fully accept that choosing to do so is their own responsibility. It is the sole responsibility of each skipper to decide whether or not to take the start of the event or continue with it, as regards his or her

competence, the equipment at their disposal, the wind strength, the weather forecasts, etc. Any information that any member of the OA is in a position to provide before or during the event, for example a gale warning, will constitute one detail among others upon, which the skipper may base his or her decision without the OA being accountable.

- 20.3 The responsibility of the OA and its partners is limited to ensuring the smooth running of the event; any further responsibility that the OA may agree to would have to be contractual and explicit. Furthermore, any checks the race committee undertakes, shall have the sole aim of ensuring that the current race rules and documents have been adhered to.
- 20.4 The monitoring, and in particular telephone monitoring, as well as fleet tracking that the OA might provide, should be considered by skippers as optional and uncertain, and under no circumstances as an extra safety measure which may be relied upon. Any request made to a member of the OA would not make the OA accountable unless the latter has expressly agreed to this request, either directly or through one of its official spokesmen/women. This particularly applies to various requests for help and even assistance at sea.
- 20.5 Skippers will be held personally responsible for any material or physical damage to themselves, their boat, other boats, or any third part or the property of a third party. Skippers shall be accountable to the OA for taking out all the necessary insurance to cover civil liabilities and damages incurred for the race. The absence of third party liability in no way makes the OA or its partners accountable.
- 20.6 Reminder of the RRS 1.1: all boats are compelled to offer all possible assistance to any other boat or person in danger, should they be in a position to do so, in accordance with rule 1.1 of the RRS and the international measures in force. In this case and after changing course, the skipper must immediately supply Race Management with all the details required to ensure there is the possibility of the International Jury later awarding the time back for changing course.

21 USE OF RIGHTS

The owner or user of the boat and any possible sponsor, by the sole fact of their participation, agree that the OA can use, for promotional purposes or other, any text, photo or video footage relating to their participation in the event to be published or broadcast via the press, television or internet (non exhaustive list)

22 CONTACTS

SIRIUS EVENEMENTS

5 rue de l'Amiral Hamelin

75116 PARIS

Tel: (33) 1 47 04 61 14

Email: contact@sirius-events.com

Website: www.normandy-race.com

Facebook page: *CIC Normandy Channel Race*

APPENDIX 1 – THE COURSE



APPENDIX 2 – PRESCRIPTIONS OF THE FFVOILE - RACING RULES OF SAILING

Translated for foreign competitors

(* FFVoile Prescription to **RRS 64.3** (Decisions on protests concerning class rules): The jury may ask the parties to the protest, prior to checking procedures, a deposit covering the cost of checking arising from a protest concerning class rules.

(* FFVoile Prescription to **RRS 67** (Damages): Any question about or request of damages arising from an incident involving a boat bound by the Racing Rules of Sailing or International Regulation to Prevent Collision at Sea depends on the appropriate courts and cannot be dealt by the jury.

(* FFVoile Prescription to **RRS 78.1** (Compliance with class rules; certificates): The boat's owner or other person in charge shall, under his sole responsibility, make sure moreover that his boat complies with the equipment and security rules required by the laws, by-laws and regulations of the Administration.

(* FFVoile Prescription to **RRS 86.3** (Changes to the racing rules): An organizing authority wishing to change a rule listed in RRS 86.1(a) in order to develop or test new rules shall first submit the changes to the FFVoile, in order to obtain its written approval and shall report the results to FFVoile after the event. Such authorization shall be mentioned in the notice of race and in the sailing instructions and shall be posted on the official notice board during the event.

(* FFVoile Prescription to **RRS 88.2** (National prescriptions): Prescriptions of the FFVoile shall neither be changed nor deleted in the notice of race and sailing instructions, except for events for which an international jury has been appointed. In such case, the prescriptions marked with an asterisk (*) shall neither be changed nor deleted in the notice of race and sailing instructions. (The official translation of the prescriptions, downloadable on the FFVoile website www.ffvoile.fr, shall be the only translation used to comply with RRS 90.2(b)).

(* FFVoile Prescription to **RRS 91(b)** (Protest committee): The appointment of an international jury meeting the requirements of Appendix N is subject to prior written approval of the Fédération Française de Voile. Such authorization shall be posted on the official notice board during the event.

APPENDIX 3 : AUDIOVISUAL APPENDIX

1 / REQUESTS BEFORE THE EVENT

- send a bank of video images to IMAGINE IN FRANCE
- send a photo bank to SIRIUS EVENEMENTS: contact@sirius-events.com

2 / REQUEST DURING THE EVENT : from Sunday 15th to the finish

- 30'' of daily images
- 2 photos per day

3/ SHOOTING RECOMMENDATIONS FOR YOUR ON-BOARD IMAGES

3.1 / TECHNICAL FUNDAMENTALS

- Be careful of the sound. Protect the microphone from the wind
- Maximum video length: 1 min 30
- Minimum duration of each shot: 5 sec
 - No sudden movements with the camera
 - No zoom
 - Sequence the video well: wide shots, tight shots, interviews

3.2/ TECHNICAL SPECIFICATIONS

Format type: MP4 - H264 – H265

Internal flow: 4Mbits/sec

Image frequency: 25im/sec

Size : 1920*1080 (paysage)

4./ EDITORIAL CONTENT

4/1Video

Set the scene with this memory aid: the 5 W

- Who (xxx on board xxx)
 - What (on the CIC Normandy Channel Race)
 - When (2nd day of racing)
 - Where (in the Solent)
 - Why (we've got 25 knots, a big swell and we've just passed this boat)
- Tell us about your sporting choices, your options, your technical problems, your repairs, the sea traffic, etc.
 - Give us information about your strategy and your position in the fleet
Ex: film VHF exchanges if you are within range of another competitor, Iridium exchanges with land ex: film your routings
 - Give us ETAs on the crossing points, on the approaches to the islands

- Tell us about the different weather systems you encounter and describe the landscape.
- If possible, film the manoeuvres and comment on them
Tell us about the moments of respite, meals, watch changes (if double), waking up, the music you listen to, etc...
Film your encounters at sea: cargo ships, dolphins, fish, etc.
Involve the crew or co-skipper.

4/2 Photo (advice Jean-Marie Liot)

To illustrate the press articles and the Sirius social networks: on the technical side: photograph scenes of life with your co-skipper (chart table, sleeping, meals, any repairs), selfies alone or together. Get some sea spray (from the cockpit, for example, with a wave on the roof). Don't hesitate to use a pole to move the GoPro (in photo mode) away from the edge. Try night scenes. If you're photographing something outside the boat (a meeting, another competitor, etc.) include a reference to your boat: stem, bow, cockpit. Send the sizes you want (at least 2000 pixels wide if possible). And keep the full-resolution photos on your computer so you can use them again later. Don't hesitate to give us a USB key or hard drive as soon as you arrive so that we can copy your media. We'll return everything to you directly afterwards.

5/ HOW TO SEND US YOUR IMAGES AND PHOTOS

- > Via WhatsApp +33 6 46 36 40 02
- > Via FTP : contact details to be provided at a later date

6 / RIGHTS

The transmission of images or photos as part of the event constitutes a transfer of rights as part of the media coverage of the CIC NORMANDY CHANNEL RACE 2024.

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