

CIC NORMANDY CHANNEL RACE 2025

21th MAY/ 1st JUNE 2025

16th Edition

NOTICE OF RACE

Start on Sunday 25th May 2025 off Ouistreham

www.normandy-race.com

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ORGANISING AUTHORITY (OA)

The CIC NORMANDY CHANNEL RACE is organised from the 21st May to the 1st June 2025 by the company Sirius Evénements, an establishment affiliated with the FFVoile (French Sailing Federation), in partnership with the Town of Caen, the Port of Caen-Ouistreham, the Société des Régates de Caen-Ouistreham (SRCO Caen-Ouistreham Racing Society) and the Ligue de Voile of Normandie (Normandy Sailing League).

The notation “[DP]” in a NOR rule means the penalty for a breach of this rule can, at the jury’s discretion, be less than disqualification.

Preamble

Prevention of violence and incivility

The FFVoile reminds all concerned that sporting events are above all a space for exchange and sharing, open and accessible to all.

As such, competitors and support persons are asked to behave in all circumstances, ashore and on the water, in a courteous and respectful manner regardless of the origin, gender or sexual orientation of other participants.

1 - RULES

The event will be governed by

- 1.1 The rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 The regulations of the FFVoile. The link will be published in the SI.
- 1.3 The prescriptions of FFVoile translated for foreign competitors in appendix 2.
- 1.4 World Sailing’s Offshore Special Regulations (OSR), category 2 monohulls
- 1.5 In accordance with RRS 86.1 b), RRS 52 (Manual Power) is changed as follows: boats may use an energy source other than manual to operate an autopilot and to operate the ballast system.
- 1.6 The appendix WP - Rules for Waypoints is available at the following address: <https://www.sailing.org/tools/documents/AppendixWPRulesforRacingAroundWaypoints-%5B19996%5D.pdf>
- 1.7 An alternative starting penalty will apply according to World Sailing Development Rule DR21.
- 1.8 All penalties for breaking a rule shall be a time penalty, unless the Jury decides to disqualify the boat or apply financial penalties. This changes RRS 64.2 and A5.
- 1.9 In the event of translation of this NOR, the French text shall prevail.

2 - ADVERTISING [DP]

- 2.1. **In accordance with World Sailing Regulation 20 (Advertising Code)**, as modified by FFVoile’s advertising regulations, boats will be required to display advertising chosen and supplied by the OA.
- 2.2. Competitors are obliged to display the branding supplied by the OA:
 - 2.2.1 **Race flags**: boats entered in the race will be given two race flags on arrival. These flags shall be displayed in the shrouds on each side, from registration until the prize-giving while on the dock, and at sea in line with the conditions set out in the Sailing Instructions.

- 2.2.2 Dodgers: boats entered in the race will be given two dodgers on arrival. These dodgers shall be displayed on each side of boats from registration until the prize-giving.
- 2.2.3 Forestay flags: boats entered in the race will be given a line of flags on arrival in Caen. These flags shall be displayed along boats' forestays from registration until exiting the port of Ouistreham, and again after crossing the finishing line up until the prize-giving.

3 ELIGIBILITY AND REGISTRATION

- 3.1** The event is open to monohulls which comply with the Class 40 Class Rules (2025 membership and measurement certificate).
- 3.2** The race shall be sailed double-handed. Each boat must have the same two people aboard at all times, subject to RRS 1.1 and 41.
- 3.3** Competitors (each member of the crew) who have an FFVoile licence shall present the following upon registration:
- their valid FFVoile Club 'competition' licence attesting to the earlier presentation of a valid medical certificate with no contraindications to the practice of competitive sailing
 - or their valid FFVoile Club 'member' or 'practice' licence accompanied by a valid medical certificate with no contraindications to the practice of competitive sailing, dating less than one year
 - parental authorisation for those aged under 18
 - authorisation for the boat to display advertising, if necessary,
 - the measurement certificate or certificate of conformity (for the skipper)
 - a valid World Sailing training certificate (Sea Survival and First Aid) carried out at an approved World Sailing centre.
- Overseas competitors (each member of the crew) who do not hold an FFVoile (French Sailing Federation) licence must provide the following documents when they register:
- proof of membership for a National Authority that is a member of World Sailing,
 - the measurement certificate or certificate of conformity (for the skipper)
 - valid third party liability insurance for a minimum of 1.5-million Euros
 - a valid medical certificate with no contraindications to the practice of competitive sailing dating less than one year (written in French or in English) as well as parental authorisation for participants aged under 18.
- Non-French skippers shall also provide:
- either valid World Sailing certificates (Sea Survival and First Aid) carried out in an approved World Sailing centre,
 - or sea survival certificates and First Aid certificates as required in OSR articles 6.01 and 6.05.2. This training shall be "World Sailing Approved".

All the documents listed in 3.3 shall be transmitted to the OA by the closing date of registration on 1st April 2025 at the latest.

- 3.4** The event is open to any person aged at least 18 years of age on the date of the start, except in case of an exemption granted by the OA, based on an application presented by the competitor.
- 3.5** A third party liability insurance certificate shall be supplied for each participating yacht.
- 3.6** Registrations are taken into account on publication of the Notice of Race on the website www.normandy-race.com. The deadline for registration is the 1st April 2025. Co-skippers must be named for registration to be validated on this closing date.
- 3.7** The OA reserves the right to accept or refuse a registration (RRS 76.1).

4 REGISTRATION FEES

- 4.1** Registration fees are:
- € 2200 ex-VAT (€ 2640 inc.VAT) from publication of this Notice of Race and through until 1st February 2025.
 - € 2640 ex-VAT (€ 3168 inc.VAT) between 2nd February 2025 and 1st April 2025.
- 30% of the registration fees collected will be paid back to Class 40.
- 4.2.1** In the event of withdrawal from the race prior to the registration deadline of 1st April 2025, € 800 ex-VAT of non-refundable administration fees will be withheld by the OA; there will be no refund if withdrawal occurs after 1st April 2025.
- 4.3** A partner's pack is included in the registration fees, and gives each team permanent access badges to the " Carré des Skippers" for a maximum of 5 people (skippers and team).

5 PROGRAMME

5.1 Event programme:

Date	Time	
Wednesday 21 st May	1400 – 2000	Start of boat inspections Date and time limit for boats to arrive in the Bassin Saint-Pierre in Caen (financial penalties for late arrival - see chapter 11)
From Thursday 22 nd to Saturday 24 th May	0900 -1800	Boat inspections and registration confirmation
Saturday 24 th May	1000	Safety briefing
Sunday 25 th May	0830 1330	Leave Caen at 0830, parade down the canal from Caen to the sea Race start off Ouistreham
Friday 30 th and Saturday 31 st May		Expected arrival of boats; boats must make for the Bassin Saint-Pierre in Caen as soon as possible after their finish off Ouistreham
Sunday 1 st June	1500	Departure of boats from Bassin St Pierre

5.2 Social programme:

Date		
From 21 st to 25 th May 30 th May - 1 st June		Welcome in the skippers' tent / Open bar / musical entertainment
Saturday 24 th May	1600	Official skippers presentation at the race village
Sunday 1 st June	1200	Prize-giving following arrival of the finishers in Caen at the race village.

5.3 The programme may be modified without notice by the OA due to the weather conditions or any other technical or sporting constraint.

5.4 The OA may, as a result of force majeure, or if it is deemed necessary for the participants' safety, decide to cancel the running of the event. Cancellation for reasons of force majeure or for any other grounds outside the control of the organiser will not result in any refund of registration fees or compensation. The same scenario would also be true, though this list is in no way restrictive, in the event of exceptional weather conditions, armed conflict, requisition, fire, flooding, strikes or the blocking of facilities, whose origin is unknown and totally outside the control of the organiser.

6 BOAT INSPECTIONS

Measurement and safety equipment inspections will be carried out by the Technical Committee from Wednesday 21st May to Saturday 24th May and at any other moment without notice.

7 MANDATORY SAFETY EQUIPMENT

7.1 One survival suit per person on-board, complying with NF EN ISO 15027-1 standards as a minimum, of which the thermal insulation without thermal underwear must be greater than 0.75 Clo when immersed.

7.2 A satellite telephone

7.3 Mandatory navigational paper charts (OSR 4.11.1): as a minimum

- SHOM 7040-INT 1070 – English Channel 1/560 000
- SHOM 7210-INT 1063 – Western Approaches to the English Channel 1/500 000
- GB 1410 – St Georges Channel 1/200 000

8 SAILING INSTRUCTIONS (SI)

The SI will be sent to registered competitors once registration closes on 1st April 2025.

9 COURSE

9.1 Distance: around 975 miles

Start line off Ouistreham – course in the bay off Ouistreham

West Saint-Marcouf mark to be left to starboard

Isle of Wight (England) to be left to port

Tuskar Rock (Ireland) to be left to port

Fastnet Rock (Ireland) to be left to port

Island of Guernsey to be left to port

Finish line off Ouistreham

- 9.2 Other marks, which may give rise to course modifications, can be added to the course in the SI. The methods for conveying these course changes during the race will be indicated in the SI.

10 RANKING

- 10.1 A ranking will be established in elapsed time according to the order of finishing insofar as the boats finish the race within the time limit.
- 10.2 An additional ranking will be established by extracting from the overall ranking the boats defined as sharp by Class40.

11 OBLIGATIONS OF PRESENCE FOR BOATS (DP)

Boats must be present in the Bassin Saint-Pierre in Caen unless they have special dispensation from the OA:

- from 2000 on Wednesday 21st May at the latest and through to the start on Sunday 25th May.

In the case of late arrival, penalties of €200/day will be applied and paid to the SNSM.
- as soon as possible on crossing the finish line at the end of the race and through to Sunday 1st June at 1500.

12 OBLIGATIONS OF PRESENCE FOR CREWS (DP)

The skipper and co-skipper shall be present unless they have special dispensation from the OA:

- at the safety briefing on Saturday 24th May at 1000 and at the official briefings announced on the official race noticeboard.
- at the official presentation of the skippers in the race village in Caen at 1600 on Saturday 24th May.
- at the prize-giving on Sunday 1st June at 1200 in the race village in Caen.

13 POSITIONING AND ROUTING

- 13.1 Each boat will be equipped with a positioning beacon supplied by the OA for which a deposit will be required.
- 13.2 Routing is forbidden as per RRS 41 (Outside help) and the Class Rules.
A sworn declaration will be signed by the skipper and co-skipper on confirmation of registration in Caen.

14 PENALTY SYSTEM

- 14.1 A breach of the rules other than those in Part 2 and RRS 28 and 31 may, after a hearing, incur a time penalty up to disqualification.
- 14.2 The decisions made by the international jury will be final as per RRS 70.5. The FFVoile's authorisation will be displayed on the official noticeboard.

15 BERTHING (DP)

Boats will be berthed in the Bassin Saint-Pierre in Caen free of charge. The OA will put in place a mooring plan for the boats, which the crews are obliged to respect.

Boats are no longer permitted to leave the port from 21st May at 2000 unless they have written authorisation from the Race Director or the Race Committee.

16. HAUL OUT LIMITATIONS [DP]

From 21st of May at 2000, boats cannot be hauled out unless authorised to do so and in compliance with the terms outlined in prior written consent from the Race Director or the Race Committee.

17. RADIO LINK-UPS [DP]

Each day between 1200 and 1300 local time, radio link-ups with Race HQ will take place. When possible, mobile phones will be favoured for the link-ups.

18. TIME LIMIT

Boats failing to finish within 36 hours after the first boat of their category (Overall ranking/Sharp Ranking) to have sailed the course and finished will be scored as 'DNF'. This changes RRS 35, A4 and A5.

19. DATA PROTECTION

19.1 Right to use name and image

By taking part in this race, the competitor and his legal representatives give the OA, FFVoile and the race's sponsors the right, free of charge, to use and show at any time (during and after the event), static or moving pictures, films or TV recordings and other reproductions of himself during this event, including on all material and for any uses linked to the promotion of their activities.

19.2. Use of participants' personal data

By participating in this competition, the competitor and his legal representatives consent and authorise the FFVoile and its sponsors and the OA to use and store their personal data free of charge. These data may be published by the FFVoile and its sponsors. The FFVoile in particular, but also its sponsors may use this data for software development or for marketing purposes. In accordance with the General Data Protection Regulations (RGPD), any competitor who has communicated personal data to the FFVoile can exercise his right of access to data concerning him, have them rectified and depending on the situation, delete or limit them, and oppose it, by contacting dpo@ffvoile.fr or by mail to the head office of the French Sailing Federation, specifying that the request relates to personal data.

20. PRIZES

Prizes will be awarded to each participant with the exception of any cash prizes.

21. RESPONSIBILITIES OF THE ORGANISER AND COMPETITORS

- 21.1 RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone". By participating in this event, each competitor accepts and recognises that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather conditions, equipment failure, errors in maneuvering the boat, improper navigation of other boats, loss of balance on an unstable surface. and fatigue, leading to an increased risk of injury. The risk of material and / or bodily damage is therefore inherent in the sport of sailing.

- 21.2 Skippers participate in the event at their own risk and fully accept that choosing to do so is their own responsibility. **It is the sole responsibility of each skipper to decide whether or not to take the start of the event or continue with it, as regards his or her competence, the equipment at their disposal, the wind strength, the weather forecast, etc.** Any information that any member of the OA is in a position to provide before or during the event, for example a gale warning, will constitute one detail among others upon, which the skipper may base his or her decision without the OA being accountable.
- 21.3 The responsibility of the OA and its partners is limited to ensuring the smooth running of the event; any further responsibility that the OA may agree to would have to be contractual and explicit. Furthermore, any checks the race committee undertakes, shall have the sole aim of ensuring that the current race rules and documents have been adhered to.
- 21.4 The monitoring, and in particular telephone monitoring, as well as fleet tracking that the OA might provide, should be considered by skippers as optional and uncertain, and under no circumstances as an extra safety measure which may be relied upon. Any request made to a member of the OA would not make the OA accountable unless the latter has expressly agreed to this request, either directly or through one of its official spokesmen/women. This particularly applies to various requests for help and even assistance at sea.
- 21.5 Skippers will be held personally responsible for any material or physical damage to themselves, their boat, other boats, or any third party or the property of a third party. Skippers shall be accountable to the OA for taking out all the necessary insurance to cover civil liabilities and damages incurred for the race. The absence of third party liability in no way makes the OA or its partners accountable.
- 21.6 Reminder of RRS 1.1: all boats are compelled to offer all possible assistance to any other boat or person in danger, should they be in a position to do so, in accordance with RRS 1.1 and the international measures in force. In this case and after changing course, the skipper must immediately supply Race Direction with all the details required to ensure there is the possibility of the International Jury later awarding a time bonus for changing course.

22 REFUNDS IN THE EVENT OF CANCELLATION

In the event of cancellation of the event for any reason, the organiser undertakes to reimburse the registration fees to competitors as follows:

- In the event of cancellation due to factors falling under the organiser's responsibility, the fees will be fully reimbursed;
- In the event of cancellation for reasons of force majeure as defined by law and case law, the organiser will reimburse 50% of the registration fees if the event that contributed to the force majeure occurs more than one month before the departure date, and will be released from this obligation to reimburse if the event occurs within less than one month of the departure date.

23 USE OF RIGHTS

The owner or user of the boat and any possible sponsor, by the sole fact of their participation, agree that the OA can use, for promotional purposes or other, any text,

photo or video footage relating to their participation in the event to be published or broadcast via the press, television or internet (non-exhaustive list)

24 CONTACTS

SIRIUS EVENEMENTS

5 rue de l'Amiral Hamelin

75116 PARIS

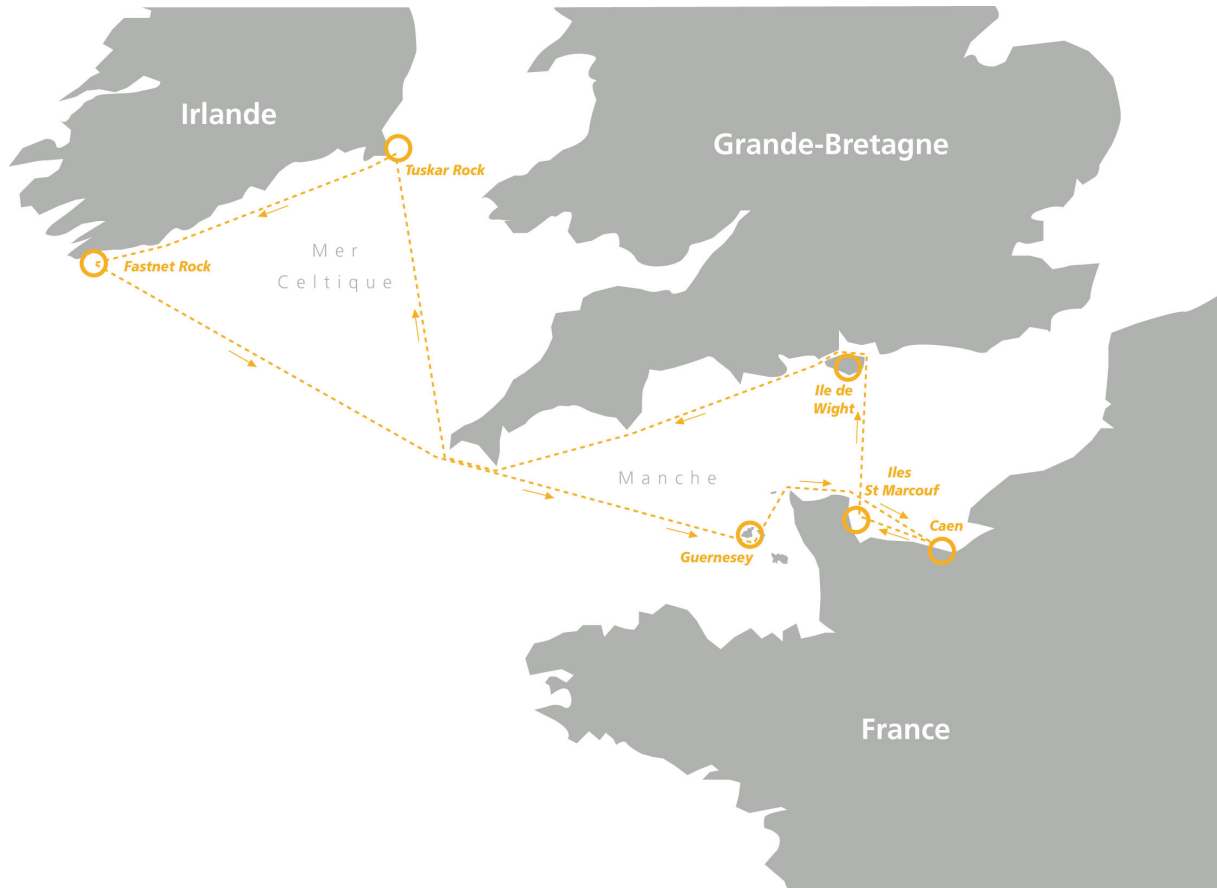
Tel: (33) 1 47 04 61 14

Email: contact@sirius-events.com

Website: www.normandy-race.com

Facebook page: *CIC Normandy Channel Race*

APPENDIX 1 – THE COURSE



APPENDIX 2 – PRESCRIPTIONS OF THE FFVOILE - RACING RULES OF SAILING

Translated for foreign competitors

(*) FFVoile Prescription to **RRS 64.3** (Decisions on protests concerning class rules): The jury may ask the parties to the protest, prior to checking procedures, a deposit covering the cost of checking arising from a protest concerning class rules.

(*) FFVoile Prescription to **RRS 67** (Damages): Any question about or request of damages arising from an incident involving a boat bound by the Racing Rules of Sailing or International Regulation to Prevent Collision at Sea depends on the appropriate courts and cannot be dealt by the jury.

(*) FFVoile Prescription to **RRS 78.1** (Compliance with class rules; certificates): The boat's owner or other person in charge shall, under his sole responsibility, make sure moreover that his boat complies with the equipment and security rules required by the laws, by-laws and regulations of the Administration.

(*) FFVoile Prescription to **RRS 86.3** (Changes to the racing rules): An organizing authority wishing to change a rule listed in RRS 86.1(a) in order to develop or test new rules shall first submit the changes to the FFVoile, in order to obtain its written approval and shall report the results to FFVoile after the event. Such authorization shall be mentioned in the notice of race and in the sailing instructions and shall be posted on the official notice board during the event.

(*) FFVoile Prescription to **RRS 88.2** (National prescriptions): Prescriptions of the FFVoile shall neither be changed nor deleted in the notice of race and sailing instructions, except for events for which an international jury has been appointed. In such case, the prescriptions marked with an asterisk (*) shall neither be changed nor deleted in the notice of race and sailing instructions. (The official translation of the prescriptions, downloadable on the FFVoile website www.ffvoile.fr, shall be the only translation used to comply with RRS 90.2(b)).

(*) FFVoile Prescription to **RRS 91(b)** (Protest committee): The appointment of an international jury meeting the requirements of Appendix N is subject to prior written approval of the Fédération Française de Voile. Such authorization shall be posted on the official notice board during the event.

APPENDIX 3: AUDIOVISUAL APPENDIX

1 / REQUESTS BEFORE THE EVENT

- send a bank of video images to IMAGINE IN FRANCE
- send a photo bank to SIRIUS EVENEMENTS: contact@sirius-events.com

2 / REQUEST DURING THE EVENT: from Sunday 25th May 2025 to the finish

- 30'' of daily images
- 2 photos per day

3/ SHOOTING RECOMMENDATIONS FOR YOUR ONBOARD IMAGES

3.1 / TECHNICAL FUNDAMENTALS

- Be careful of the sound. Protect the microphone from the wind
- Maximum video length: 1 min 30
- Minimum duration of each shot: 5 sec
 - No sudden movements with the camera
 - No zoom
 - Sequence the video well: wide shots, tight shots, interviews

3.2/ TECHNICAL SPECIFICATIONS

Format type: MP4 - H264 – H265

Internal flow: 4Mbits/sec

Image frequency: 25im/sec

Size: 1920*1080 (paysage)

4./ EDITORIAL CONTENT

4/1Video

Set the scene with this memory aid: the 5 Ws

- Who (xxx on board xxx)
 - What (on the CIC Normandy Channel Race)
 - When (2nd day of racing)
 - Where (in the Solent)
 - Why (we've got 25 knots, a big swell and we've just passed this boat)
- Tell us about your sporting choices, your options, your technical problems, your repairs, the maritime traffic, etc.
 - Give us information about your strategy and your position in the fleet
Ex: film VHF exchanges if you are within range of another competitor, Iridium exchanges with land ex: film your routings
 - Give us ETAs for key points of the course, on the approaches to islands
 - Tell us about the different weather systems you encounter and describe the landscape.

If possible, film the manoeuvres and comment on them

Tell us about the moments of respite, meals, watch changes (if double), waking up, the music you listen to, etc...

Film your encounters at sea: cargo ships, dolphins, fish, etc.

Involve the crew or co-skipper.

4/2 Photo (advice Jean-Marie Liot)

To illustrate the press articles and the Sirius social networks: on the technical side: photograph scenes of life with your co-skipper (chart table, sleeping, meals, any repairs), selfies alone or together. Get some sea spray (from the cockpit, for example, with a wave on the coachroof). Don't hesitate to use a pole to hold the GoPro (in photo mode) outboard. Try night scenes. If you are photographing something outside the boat (an encounter, another competitor, etc.) include a reference to your boat: lifelines, bow, cockpit. Send the sizes you want (at least 2000 pixels wide if possible). And keep the full-resolution photos on your computer so you can use them again later. Don't hesitate to give us a USB key or hard drive as soon as you arrive so that we can copy your media. We'll return everything to you directly afterwards.

5/ HOW TO SEND US YOUR IMAGES AND PHOTOS

—> Via WhatsApp +33 6 46 36 40 02

—> Via FTP : contact details to be provided at a later date

6 / RIGHTS

The transmission of images or photos as part of the event constitutes a transfer of rights as part of the media coverage of the CIC NORMANDY CHANNEL RACE 2025.

Contact Audiovisual production

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